



2014 5K Freedom Run
 Brought to you by
American Legion Auxiliary Unit 187
 Wake Forest, NC



Registration Form **Saturday, June 21, 2014; 8:00am**

Come and support our Veterans and Troops at this patriotic 5K run

Proceeds go to *Military Missions in Action, the American Legion Legacy Scholarship Fund* and other veteran's and active-duty military causes

AWARDS FOR 5K RUN: Top overall male & female and top male & female in each age group (14 and under; 15-24; 25-34; 35-44; 45-54; 55-64; 65 and up). Awards presented on race day.

Fill out the form below and mail it, along with payment to:

American Legion Auxiliary Unit 187
 PO Box 1424, Wake Forest, NC 27588-1424

Registration form may also be found at
www.runtheeast.com

ONE PERSON PER ENTRY

Name: _____

Address: _____ City: _____

State: _____ Zip Code: _____ Phone: _____ Email: _____

Age (as of 06/21/14) _____ Sex: Male ___ Female ___ T-Shirt Size: (circle one) S M L XL XXL XXXL

_____ I plan to participate in the 2014 5K Freedom Run - **\$25 through June 7th, \$30 thereafter and day of event.**

_____ I would like to make a donation to the 2014 5K Freedom Run

Total Enclosed: \$ _____

Participant Waiver: I, for myself, my heirs and personal representatives, waive all rights and claims for damages and injury that may occur as a result of my participation in this race. I attest that I am physically fit and have sufficiently trained to participate in this event. I know that running or walking in this event is a potentially hazardous activity. I assume all risks associated with participating in the 2014 5K Freedom Run. I hereby release the Town of Wake Forest, American Legion Auxiliary Unit 187, Run the East, all sponsors and their representatives from any claims of damages, demands, actions whatsoever in any manner as a result arising from my participation in said race. I agree to allow my name and picture to be used in coverage of this event for legitimate purposes. I understand that my entry fee is non-refundable. Race will be held in rain or shine.

 Signature Date

 Signature of Parent/Guardian if under 18 years of age Date