



OCRACOKE 10K ISLAND 5K

Join us on April 27, 2013 for Ocracoke Island's second annual 5K and 1 mile family fun run. NEW this year will be an Ocracoke Island 10K. The 10K will follow the 5K course and loop back thru Ocracoke Village. The 5K run will take place through historic Ocracoke neighborhoods, by Ocracoke Harbor, and by the 2nd oldest lighthouse in the United States in continuous service. The course is basically flat. All accommodations are within walking or biking distance to the start/finish line. Golf cart rentals are available. There will be limited parking near start/finish line. There will be a one mile family fun run immediately following the 5K. The top three male and female runners will receive an award as well as the top three male and female finishers of each age category. Everyone completing the Family Run Run will receive a wrist band recognizing the event. All 10K/5K runners will receive a t-shirt (sizes not guaranteed after April 13th pre-registration) with local artist design. Beginning 11:30am Gaffer's Sports Pub will host post run party. There will be no charge for 10K/5K runners. Food and beverages will be provided.

Benefiting Ocracoke Community Radio and Ocracoke School Booster's Club Saturday, April 27, 2013

Event Date Saturday, April 27, 2013 

Location Ocracoke Island, NC

Start/Finish Gaffer's Sports Pub

Pick Up Race packet pickup 3pm to 7pm on Friday, April 26th @ Gaffer's. Or 7am the 27th at 10K/5K checkin, but we highly encourage Friday pick up.

Fees for 10K/5K \$32 pre-registration (\$16 for sixteen years of age or under) Before April 13th.

Fees for Family Fun Run \$10
After Deadline Registration add \$5 extra

Start Times Registration/Check in 10K/5K: 7am
Race starts promptly at 8am
Fun Run 9:30 am

Awards Overall, Age Group, For 10K/5K

Post Run Party Hosted by Gaffer's Sports Pub 11:30 am

Questions Please contact Greg Honeycutt at greg@oceanatlanticrentals.com or 252-207-1305

Registration OcracokeIsland5KRun.org
Chip time provided by Run the East

To register by mail, please detach form below and mail to WOWV

Please return form to (checks payable to WOWV): P.O. Box 1447, Ocracoke, NC 27960 T-Shirt Size (please circle): S M L XL XXL

Each participant must submit an individual signed registration form. A parent or guardian must sign for runners under 18.

First Name: _____ Last Name: _____ Age on Race Day: _____ Sex: _____ Age Groups: 30-39
 Street: _____ City: _____ State: _____ Zip: _____ 10 and Under 40-49
 Home Phone: _____ Cell Phone: _____ Email Address: _____ 11-13 50-59
 _____ I will participate in 10K _____ I will participate in 5K _____ I will participate in Family Fun Run 14-19 60-69
 _____ Unfortunately, I will be unable to participate, but I would like to make a donation! I am paying with: _____ Cash _____ Check 20-29 70 and older

In the interest of safety, no animals (except seeing eye dogs), skates, skateboards or bicycles are allowed in the event. Portable music players are discouraged but allowed, please unplug to listen to instructions before race start. Baby strollers are welcome. I realize that running can be a hazardous activity, and that I and my heirs, executors, administrators and assigns do hereby release the organizers, sponsors, all race personnel, Run the East LLC, USATF, members of Ocracoke Community Radio and Ocracoke Boosters Club, from responsibility for any damages suffered by me as result of my participation in this event. I give my permission for any photos taken to be used for promotional purposes. I attest that I believe I am healthy and fit enough to safely participate in the 10K/5K and fun run on April 27, 2013, and that I will take full responsibility for my own safety before, after and during the event.

Signed: _____ Date: _____

*If under 18, please have a parent or guardian sign

OcracokeIsland5KRun.org